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## GLENDALÉ'S HOTTEST CLASSES WARM UP THE WINTER

**Glendale, Ariz.** — Glendale Parks and Recreation classes are heating up the cold winter months with “hot” classes that add fun and excitement to the season. Registration is being accepted now for classes beginning in January.

Shows such as “Dancing with the Stars,” “Top Chef,” “Biggest Loser” and “Cupcake Wars” are “hot” right now, and we have classes that can make you your own star.

Special interest activities and classes offered appeal to a wide range of ages for adults, youth and teens in the areas of sports and fitness, dance, culinary arts, personal development, cultural arts and music. Most classes are held at the Foothills Recreation & Aquatics Center, 5600 W. Union Hills Dr., with class times, dates and prices varying.

Classes also make great gifts for loved ones and friends. And, if you are planning a new year’s resolution of being healthier, losing weight or learning something new, you will probably find a class that will help you succeed in your new adventure.

More than 100 different adult and youth classes, clinics and workshops are available including fitness, cooking, youth sports, dance and music.

Details for all the classes are listed in the Glendale @ Play guide. Pick up a copy at the Glendale libraries or recreation centers or visit [www.glendaleaz.com/parksandrecreation](http://www.glendaleaz.com/parksandrecreation) and click on the Activities Guide link.

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